

The

Patient's Guide To



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Introduction

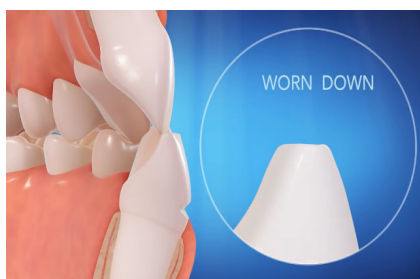
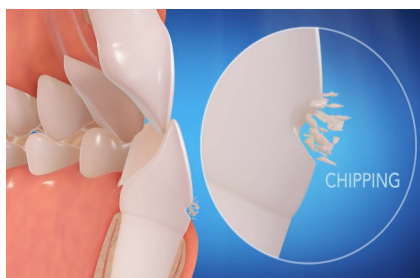
Everyone knows that straight teeth give you a beautiful smile. Did you know that straighter teeth can also affect your overall health? Crooked or misaligned teeth, also known as malocclusion, affects 74% of American adults. Left untreated, crooked teeth can lead to periodontal disease and create abnormal amounts of stress on teeth and jaws, which can lead to premature wear.



The effects of crooked teeth can worsen over time and may adversely affect your overall health. Common types of misalignment include **crowding, spacing, deep bite, open bite, cross bite, edge to edge bite, and excessive overjet.**



Crooked teeth can affect your bite, creating unnatural stress and pressure leading to premature wear. Teeth that are subject to excessive pressure can develop chipping and notches at the gum line. Over time the excessive force may also **cause flattened or worn-down teeth, or chipping and fractures at the edges of teeth.**



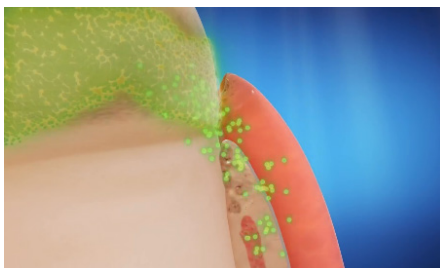
Crooked teeth can affect your periodontal health because it's difficult to remove plaque and bacteria from the crowded areas. Bacteria that is not properly removed will multiply and trigger periodontal disease which begins as gum inflammation, redness, and bleeding while brushing and flossing.



Additionally, a bad bite may produce improper forces on the jaw joint that may lead to pain in the jaw, earache, and even headaches. Premature wear can lead to gum recession, poor bone support at the roots, loose teeth, and eventually tooth loss. Teeth that fit together correctly last longer and are likely to need less costly dentistry in the future.

If left untreated, over time, gum inflammation will progress to chronic infection, soft tissue damage, receding gums, periodontal pockets, bone loss, and eventually tooth loss. These conditions can lead to painful repair and maintenance in the future which could amount to thousands of dollars in expense and countless hours in the dentist chair. Problems in the oral cavity are best treated in the early stages.

Crooked teeth that are left untreated can trap bacteria that damage gum tissue cells and invade blood vessels. This can cause damage to cells that line your coronary arteries, increasing your risk for heart disease, stroke, and other illness. Correctly positioning your teeth for proper alignment and function will help prevent future dental problems and make a significant difference toward a healthy mouth and keeping your teeth for life. Ask your doctor and



hygienist today about Invisalign®, a series of clear aligners that are custom made to gradually move and align your teeth. And start on the road to a healthier you today.

What is the Invisalign® System?

Invisalign® uses a series of clear, removable plastic trays, or aligners, to give you a healthier, straighter smile without being visible. The design is deceptively simple, and when you see the aligners, you may wonder how they could ever achieve the same results as metal braces! In reality, these trays are made of a special type of thermoplastic resin that's strong enough to move your teeth into alignment. **This movement relies on a sequence of custom-made aligners being switched out at weekly intervals during treatment.**



How Does Invisalign® Work?

Your first step is an initial consultation. **Dr. Šarić is happy to offer this free of charge!** During this appointment, we'll discuss your orthodontic needs and decide whether Invisalign® is the right treatment choice for you. Once we determine you're a good fit for the system, we begin the process of custom designing aligners specific to your smile.

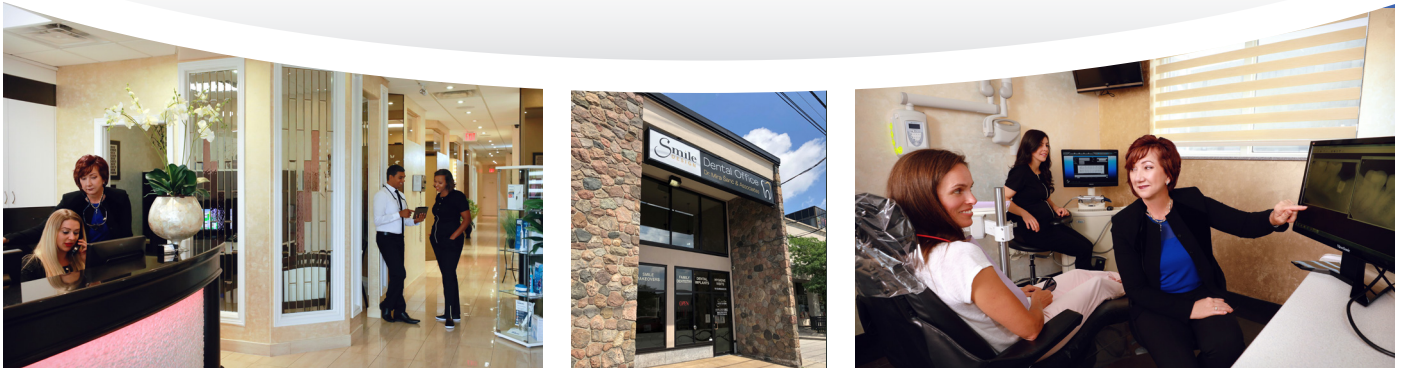
A highly detailed 3D scan of your teeth and gums will be performed in our office. This scan is then used to map out a precise treatment plan for you. This plan will include the exact movements we want your teeth to make, as well as how long your treatment is likely to take. You may even get the chance to preview your new smile!

From this 3D scan, your custom aligners will be created from Invisalign®'s special SmartTrack® material. The comfortable plastic trays are virtually invisible, and the total number worn during treatment

is usually somewhere between 10 and 48, with the total treatment time averaging between five and 15 months. **In order to maximize their effectiveness, you'll need to wear the aligners for 20-22 hours daily, throughout the course of treatment.**

During treatment, you will switch to a new set of aligners every one to three weeks based on your treatment plan. We will schedule check-ups about every four to eight weeks.

Ask About A Complimentary Consultation!

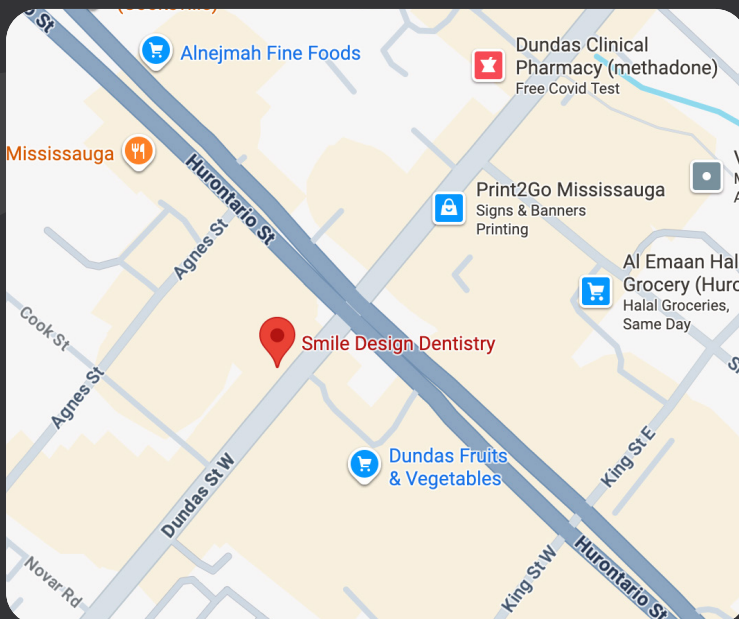


Call **905-270-5112** to book your appointment.



Smile
DESIGN

Dental Office
Dr. Mira Šarić & Associates



Hours of Operation:

Monday: 9am to 5pm
Tuesday: 9am to 8pm
Wednesday: 9am to 8pm
Thursday: 9am to 8pm
Friday: 9am to 3:30pm
Saturday: 9am to 3:30pm
Sunday: Closed

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